

Making dreamcatchers yourself

Collect from around your home

- Embroidery frame (one of the two rings) or self-bound circle of willow rod
- Tape to wrap the ring, or ribbon/bias binding/wool
- Thinner yarn for knotting the net, or cotton crochet yarn
- beads, some of them at least big enough to fit a keel of a feather into the hole
- Feathers, larger and smaller
- Glue
- Scissors
- Embroidery needle



Step 1

First wrap the embroidery ring or circular willow rod with ribbon or tape. To do this, knot the tape to the ring and fix it with a little glue. Wrap the tape overlapping around the ring and fix it again at the end with a little glue.

Step 2

Measure out approximately 3 meters of yarn and wind it up into a small ball. Make the first simple knot on the ring to cover the area where the two ends of the ribbon are glued. Mark the other points to which you want to tie, e.g. with pins. Depending on how large the ring is and how tightly the net is to be meshed, these can be six, eight, ten or even more points.

Step 3

Continue weaving the yarn to the point marked and knot at each point. At the end of the first row lead the yarn to the middle of the first section and knot it there, as well as all other sections.

Step 4

Proceed in the same way in the second and third rows, or until the stitches become so tight that it is no longer possible to insert the ball of yarn easily.

Step 5

Now thread the remaining thread onto an embroidery needle. This is necessary if beads are to be added. In principle, beads can be worked in at any point, to decorate the inner circles. Starting with row four, add one bead at a time, knot it, again add one bead, knot it again, and so forth. In the last row, don't knot any more, just wind one bead at a time and then pull the needle through the hole of the already existing bead in the front row, always alternating. At the end pull the thread together, this will tighten the net.

Step 6

For the feather cords, spread a thin layer of glue on the keel of a feather, wind the yarn around it a few times, then draw a sufficiently large bead over it. Repeat this a few times until you have a few feathers attached to cords. It is up to you how many you have.

Step 7

Cut the cords of the feathers to a length of your choice (it is a good idea to have one long cord at approximately 50cm long, and two short ones approximately 25cm long). Now attach the feather cords to the ring (and you can decorate this knot with a bead). Attach a hanging cord to the opposite end of the ring. Your dreamcatcher is complete. Hang it up near your bed or just somewhere nice for decoration.